

HARMONY EVENT MEDICINE

..on Cleaning, Disinfecting & Sanitizing

Because we not using instruments that are normally invasive (ie: scalpels), there is no need for us to sterilize. However, we do need to disinfect scissors or tweezers that we may use on wounds or broken skin. Here is a simple in-service on common sense guidelines on dealing with situations where we may come into contact with bodily fluids (Which carry HIV, AIDS, Hepatitis B & C) may occur and this are based upon protecting yourself using universal precautions.

+Treat all body fluids as if they are carrying infectious disease:
We HAVE to use barriers to protect ourselves (Personal Protective Equipment) like gloves, eye shields, and carrying the red bio-bags on our person. Blood, feces, and vomit can carry disease.

If the patron is coughing (sick) have *them* wear a mask so you do not contract the illness. Please view the video on our website in the safety documents & protocols section, on how to wear and remove PPE's properly.

ALWAYS wash with warm/hot water and non-abrasive soap **AFTER** removing the PPE's.

When possible, encourage anyone with a bleeding nose or wound to put pressure, clean it themselves and apply their own dressing.

Cleaning and Disinfecting are NOT the same!

ON CLEANING

-To truly stop spread of germs, both steps need to be done. Cleaning gets rid of the dirt or grime you see. Routing cleaning with soap and water reduces the number of germs from surfaces as washing your hands reduces germs on your hands. Alcohol based cleaners should be considered cleaning agents, NOT disinfectants in light of some very high powered germs that exist today. Wearing Gloves, washing your hands with soap and hot water **THEN** using hand sanitizers is most effective at cleaning yourself and surfaces.

ON DISINFECTING/SANITIZING:

-Many tools and surfaces should have the additional step of disinfecting/sanitizing to KILL germs. To disinfect and sanitize, the extra step of using a bleach solution or hospital grade sanitizer (EPA recognized) is REQUIRED. Disinfecting and sanitizing kills germs you cannot see as well as the germs that may remain after a solid cleaning. Effective disinfecting and sanitizing usually requires letting the chemical dwell for a few minutes, long enough for it to take action and thoroughly kill the germs.

+BLEACH solution recipe is one part per ten parts water, in a spray bottle, to use on table tops, puke buckets, wheelchairs, or ANYTHING a patron might touch or infect with their 'goodies'.

+FOR INSTRUMENTS: After a solid cleaning (while wearing your PPE's) and soaking in soapy water, wash off then place in a bleach solution for 15 minutes. Rinse and place back into service. Change bleach out after every use/soaking.

+FOR SURFACES that acquire blood, vomit, or urine, use spray bottle w bleach solution and let sit for 15 minutes before wiping and disposing.

+IF BANDAGES ARE SOAKED WITH BLOOD, double bag before placing in the trash. The idea is, if it is saturated, a large amount, or simply not dry, we need to make extra precautions.

NEVER FORGET YOUR PPE'S & THESE RULES THEY WILL PROTECT YOUR HEALTH

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